

Suicide Attempt

I am sorry that you are struggling with distress and this has led to you attempting to take your own life (insert account) requiring hospital treatment.

*Should you need any additional support you can access support via text CAM to **85258**, contact [Samaritans](#) on **116123**, or [local crisis services](#) on **0808 800 3302**. You may also wish to complete a [safety plan](#).*

We understand that this can be a very difficult time, so I have referred you to DAI adviser for follow up support. They will contact you directly to identify any support that we can put in place to keep you safe, this may include adjustments to study, completing a safety plan or working with other university services. The adviser can also advise should you wish to take a break in your studies.

Further information is available on our [online reporting tool website](#).

Kind regards